

Intake Assessment

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Client Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Numbers: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_

Which number do you want us to use when calling you about an appointment? \_\_\_\_\_

Please state restrictions on our use of your phone numbers when calling you. \_\_\_\_\_

DOB: \_\_/\_\_/\_\_ Age: \_\_ SSN: \_\_\_\_-\_\_\_\_-\_\_\_\_ Sex: F \_\_ M \_\_

Relationship Status (circle one): Single Married Divorced Significant Other Partner

If a minor, give parents' names: \_\_\_\_\_

Are parents separated or divorced? \_\_ Yes \_\_ No If yes, with whom does child live? \_\_\_\_\_

If yes, does child visit the absentee parent? \_\_ Yes \_\_ No Explain: \_\_\_\_\_

If child has guardian please give name: \_\_\_\_\_

Please list those living in your home:

<i>Name</i>	<i>Relationship</i>	<i>Age</i>	<i>Gender</i>	<i>Grade in School or Job</i>

Education: \_\_\_\_\_

Occupation: \_\_\_\_\_

Referral Source: \_\_\_\_\_

Reason for Seeking Services: \_\_\_\_\_

Name 2 goals for counseling:

1. \_\_\_\_\_

2. \_\_\_\_\_

Medical History Form

Name: \_\_\_\_\_ DOB: \_\_/\_\_/\_\_ Sex: \_\_\_\_ SSN: \_\_\_\_\_

Primary Care Physician Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Are you currently being treated for an emotional or medical condition? Yes \_\_\_ No \_\_\_

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List chronic illnesses or health conditions (including allergies) and treatment: \_\_\_\_\_

\_\_\_\_\_

Check or write DK (don't know) if your family has a history of: Depression \_\_\_ Suicide \_\_\_ Anxiety \_\_\_

Substance Abuse \_\_\_ Eating Disorders \_\_\_ Other \_\_\_ Please describe: \_\_\_\_\_

\_\_\_\_\_

Are you taking any prescription or over the counter medication? Yes \_\_\_ No \_\_\_ If yes, please indicate:

Medication Dosage Frequency When Started Prescribing M.D.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you ever been hospitalized? Yes \_\_\_ No \_\_\_ If yes, please complete the following.

Reason: \_\_\_\_\_

Dates: \_\_\_\_\_

Have you been in therapy or counseling before? Yes \_\_\_ No \_\_\_ If yes, please describe:

Reason Dates Length Therapist Effective?

\_\_\_\_\_

\_\_\_\_\_

Emergency Contact and Insurance Information

Emergency Contact Information:

Contact Person: \_\_\_\_\_ Relationship: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: (Work) \_\_\_\_\_ (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

Insurance Information (if applicable):

Insurance Company: \_\_\_\_\_

I.D. Number: \_\_\_\_\_ Group Number: \_\_\_\_\_

Your Employer: \_\_\_\_\_

Your Primary Care Physician: \_\_\_\_\_

*If you are not the policy holder: please complete:*

Name of Policy Holder: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Policy Holder's Employer: \_\_\_\_\_

Intake Assessment

What is happening in your life which resulted in this appointment?

What would you like to see accomplished in therapy?

CHECK ALL THAT APPLY TO YOU:

- Depression
- Crying spells
- Low energy
- Low self-esteem
- Poor concentration
- Hopelessness
- Worthlessness
- Guilt
- Sleep disturbance (more/less)
- Appetite disturbance (more/less)
- Thoughts of hurting yourself
- Thoughts of hurting someone else
- Isolation/social withdrawal
- Sadness/loss
- Stress
- Anxiety/Panic
- Heart pounding/racing
- Chest pain
- Trembling/shaking
- Chills/hot flashes
- Tingling/numbness
- Fear of dying
- Fear of going crazy
- Nausea

## Intake Assessment

- Phobias
- Obsessive/compulsive behaviors
- Thoughts racing
- Difficulty concentrating
- Easily agitated/irritable
- Excessive behaviors (spending, gambling)
- Anger/frustration
- Excessive use of drugs and/or alcohol
- Physical Abuse issues
- Sexual abuse issues
- Spousal abuse issues
- Relationship problems
- Separation/divorce
- Employment issues
- Other problems/symptoms:

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